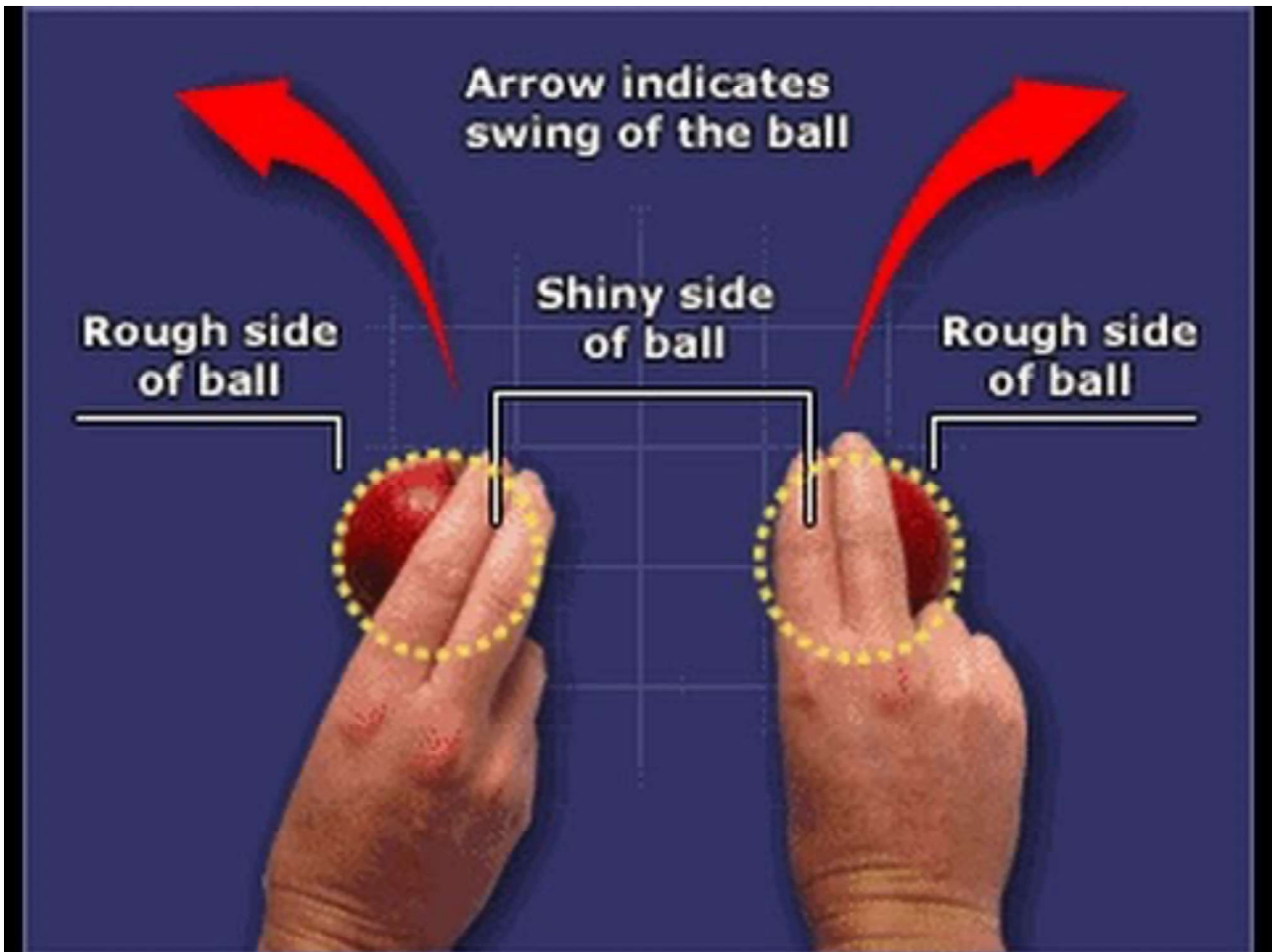


The below demonstrates the basics of ball shine and grips but these aren't the only methods - Body finish position can also play a roll



Away/Out swing

A Right-armed bowler bowling outswing will move the ball away from a right-handed batsman.

The 1st and 2nd fingers are placed on the top of the ball and spread either side of the seam.

The side of the thumb is placed on the underneath of the ball directly on the seam.

To make the ball swing, ensure that the seam remains vertical and angled away from the batsman



Inswing

A right-arm bowler bowling to a right handed batsman will move the ball into them.

The index and second finger should be placed either side of the the seam.

The flat side of the thumb should be placed on the underneath of the ball.

Ensure that the balls seam remains vertical and is angled towards the leg side.



Off spin



Leg spin

